

View the coverage details on the following pages and select between our basic and enhanced plans with available options. Coverage is per participant for extended health, drugs and dental.

LIFE*

| LIFE INSURANCE | DETAILS | | |
|---|-------------------------|--|--|
| Employee life | Flat amount of \$25,000 | | |
| Accidental Death and Dismemberment (AD&D) | Flat amount of \$25,000 | | |

DRUG

| OVERALL DRUG | BASIC | ENHANCED |
|--|-----------------|-----------------|
| Coverage level (mandatory generic pricing) | 80% direct bill | 80% direct bill |
| Maximum (per year; includes allergy serums, insulin and diabetic supplies) | \$1,000 | \$1,000 |

EXTENDED HEALTH

| OVERALL EXTENDED HEALTH | BASIC | ENHANCED |
|--|------------------------------|------------------------------|
| Coverage level | 100%, except where indicated | 100%, except where indicated |
| HOSPITAL | | |
| Ambulance services | Included | Included |
| Home nursing (per year) | \$10,000 | \$10,000 |
| Long term care (per year) | \$1,000 | \$1,000 |
| Preferred hospital accommodations | Included | Included |
| PARAMEDICAL SERVICES | | |
| Acupuncture, naturopath and massage therapy** (per visit / per year) | Not included | \$40 / \$400 |
| Chiropractic (per visit / per year) | \$30 / \$300 | \$30 / \$400 |
| Eye exams (every two years) | \$60 | \$75 |
| Foot orthotics (per year) | \$200 | \$250 |
| Osteopath (per visit / per year) | \$35 / \$300 | \$35 / \$300 |
| Physiotherapy (per visit / per year) | \$45 / \$300 | \$45 / \$400 |
| Podiatry/chiropody (per visit / per year) | \$30 / \$300 | \$30 / \$400 |
| Psychology (per visit / per year) | \$90 / \$750 | \$90 / \$750 |
| Speech language pathology (per visit/per year) | \$60 / \$500 | \$60 / \$500 |
| MEDICAL DEVICE AND SUPPLIES | | |
| Custom orthopaedic shoes (per year) | \$250 | \$250 |
| Hearing aids (every four years) | \$750 | \$750 |
| Hospital beds (lifetime maximum) | \$1,500 | \$1,500 |
| OTHER | | |
| Accidental dental (per accident) | \$2,000 | \$2,000 |
| EMERGENCY TRAVEL*** | | |
| Maximum (per trip) | \$5 million | \$5 million |
| Travel days (per trip) | 30 | 30 |
| SECOND OPINION | | |
| $Independent\ medical\ reviews,\ diagnoses\ and\ treatment\ recommendations$ | Included | Included |
| WELLNESS | | |
| Balance online wellness program | Included | Included |

DENTAL****

| OVERALL DENTAL | BASIC | ENHANCED |
|--|------------------------------|------------------------------|
| Combined maximum (per year) | \$1,000 | \$1,500 |
| BASIC AND PREVENTATIVE | | |
| Coverage level | 100%, except where indicated | 100%, except where indicated |
| New patient exam (once every five years) | Included | Included |
| Recall exam, x-ray and polishing (once per year) | Included | Included |
| Fluoride (once per year, under age 19) | Included | Included |
| Scaling and root planing (per year) | 4 time units | 4 time units |
| Emergency exams (once per year) | Included | Included |
| Fillings, root canals and extractions (every two years) | Included | Included |
| Partial and complete dentures (once every five years) | Included | Included |
| Denture repairs (every two years) | Included | Included |
| PERIODONTICS | | |
| Coverage level | 50% | 50% |
| Scaling and root planing | In excess of 4 time units | In excess of 4 time units |
| Periodontal surgery, curettage and adjunctive periodontal services | Not included | Included |
| EXTENSIVE | | |
| Coverage level | Not included | 50% coverage |
| Crowns, veneers, bridges and implants | Not included | Included |

OPTIONS FOR BASIC AND ENHANCED PLANS

| PLAN OPTIONS | DETAILS | |
|--|---|------------------------------|
| Long term disability —for businesses with three or more employees (per month) | Coverage up to \$6,000 for approved employers | |
| Dependent life (choice of option; per spouse / per child) | \$15,000 / \$7,500 | \$5,000 / \$2,500 |
| | \$10,000 / \$5,000 | \$5,000 / \$2,000 |
| Optional life | Up to \$250,000 | |
| Critical illness (choice of option; per employee / per spouse / per child) | \$50,000 / \$10,000 / \$5,000 | \$25,000 / \$5,000 / \$2,500 |
| Vision—eyeglasses, contact lenses and laser eye surgery (every two years) | \$150 | |
| Employee Family Assistance Program (EFAP) (per year) | 12 sessions | |
| Health Spending Account (HSA) (per employee, per year) | Increments of \$100 up to \$10,000 | |

There is no medical questionnaire requirement with Benefit Plus. However, it may be required for long term disability and optional life. Coverage terminates at age 70, except for life and disability which terminate at age 65.

This brochure provides an overview of the Benefit Plus plan offered by Alberta Blue Cross. It is not a contract or a complete listing of all benefits.

^{*}Blue Cross Life Insurance Company of Canada underwrites all life and disability benefits. | **Massage therapy requires a physician's written order once per year.

^{***} Travel coverage is not valid for employees who reside outside of Canada. | **** Dental coverage is based on fee guide.

Small business. Big benefits.

To learn more or get a quote—visit our website or call us.

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