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# AADL approved product list: custom made footwear benefits

Effective September 7, 2021

# Alberta Aids to Daily Living

## Approved Product List: Custom Made Footwear Benefits

Effective: September 7, 2021

### Eligibility Criteria

**A client must have a documented significant boney deformity such as, talipes equino varus, severe arthritis and resultant deformity or neurological damage to the foot with the resultant deformity or stabilized gross edema that cannot be fitted with a modified off-the- shelf shoe or extra width / extra depth shoe that results in a functional ambulatory footwear fitting.**

Modifications are defined as rocker soles, tongue padding, flares, stretching.

AADL does not provide custom-made footwear benefits for:

- Non-ambulatory clients
- Clients only able to pivot and/or stand for transfers
- Clients refusing to try off-the-shelf footwear
- Edema management
- Post-op conditions

Manufacturing Method	1st Degree Deformity	2nd Degree Deformity	3rd Degree Deformity	Matching Custom-Made Footwear
Casting	pedigraphs, STS/plantar surface casts & measurements	pedigraphs, STS/plantar surface casts & measurements	pedigraphs, STS/plantar surface casts & measurements	pedigraphs, bio foam & measurements
Last setup	low custom lasts	low or ankle up to 16 cm in height	ankle up to actual boot height	none
Casting Height	8 cm	16 cm	16 cm and up	none
Orthotics	as required	as required	as required	none
Trial Fitting	plastic check socket	plastic check socket or lining	lining only	plastic check socket
Pattern	custom	custom	custom	custom
Uppers	custom	low ankle up to 16 cm in height	boot only 16 cm in height	standard
Counters	medial or lateral long counter	molded medial or lateral long	molded medial and lateral long counters with added total ankle support with padding	standard
Flares	medial or lateral external heel	medial or lateral, intrinsic starting from the counters & continuing externally with the heel	medial or lateral, intrinsic starting from the counters & continuing externally with the heel	none
Toe Fillers	none	for digits and partial metatarsal amputations	amputation of metatarsal and tarsals	none
Sole Stiffening	none	if applicable	if applicable	none
Lasting	custom	custom	custom	custom
Rocker Soles	external	external or internal	external	none
Tongue Stiffening	none	none	none	required

### Custom Made Footwear for 1st Degree Deformity

Provided for forefoot deformity only.

Deformities **must** include at least one of the following:

- Severe hallux valgus
- Hallux varus
- Fixed hammer or claw toes
- Extreme deformities metatarsals heads
- Abnormal fixed position of any digit

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity Frequency Limit	Price Maximum
F200	Custom-made shoe for 1st degree deformity	Custom made orthopedic shoes/boots	1 shoe per affected body side / 1 year	1121.11
F201	Repeat F200	Custom made orthopedic shoes/boots	1 shoe per affected body side / 1 year	776.21

### Custom Made Footwear for 2nd Degree Deformity

Provided for deformity of forefoot, midfoot and hindfoot.

Bones that may be affected are: metatarsals, hallux, digits, cuniforms, navicular, cuboid, talus, calcaneus **must** be affected.

Deformities **may** include:

- Charcot Marie Tooth disease
- Charcot foot
- Pes Plano Valgus
- Pes Equino Varus
- Stabilized gross edema
- Crush injuries of midfoot or hindfoot
- Amputations of all digits
- Partial amputation of the lateral, medial or posterior part of the foot
- Fusion - hindfoot or midfoot resulting in abnormal fixed position of hindfoot or forefoot

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity Frequency Limit	Price Maximum
F300	Custom-made shoe for 2nd degree deformity	Custom made orthopedic shoes/boots	1 shoe per affected body side / 1 year	1389.23
F301	Repeat F300	Custom made orthopedic shoes/boots	1 shoe per affected body side / 1 year	878.53

### Custom Made Footwear for 3rd Degree Deformity

Provided for **varus or valgus** deformity of forefoot, midfoot and hindfoot.

Bones that may be affected are: metatarsals, hallux, digits, cuniforms, navicular, cuboid, talus, calcaneus **must** be affected.

Additional deformities **must** include:

- Fusion of hindfoot or midfoot that have resulted in abnormal fixed positions of the hindfoot or forefoot and require additional molded ankle support
- Amputation of metatarsals or tarsals
- Drop foot deformity in combination with bony deformity as described for 1st or 2nd degree deformity
- Unstable pas equinus valgus/varus

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity Frequency Limit	Price Maximum
F500	Custom-made shoe for 3rd degree deformity	Custom made orthopedic shoes/boots	1 shoe per body side / 1 year	1636.28
F501	Repeat of F500	Custom made orthopedic shoes/boots	1 shoe per body side / 1 year	1053.84

### Matching Custom Made Footwear for the Unaffected Foot

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity	Frequency Limit	Price Maximum
F100	Matching custom-Made footwear for the unaffected foot	Custom made orthopedic shoes/boots	1 shoe per unaffected	body side / 1 year	1007.66
F101	Repeat F100	Custom made orthopedic shoes/boots	1 shoe per unaffected	body side / 1 year	684.88

### Modifications

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity	Frequency Limit	Price Maximum
F102	Reuse Last for F200, F300, F500 from another Custom-Made Footwear Facility	Last modification for repeat client	1 per affected	body side / 1 year	123.42
F203	Last modification for repeat shoe	Last modification for repeat client	1 per	body side / 1 year	40.00
F600	Follow-up appointment for neuropathic foot client with 2nd or 3rd degree deformity	Follow-up appointment - neuropathic foot/feet	3 follow-up appointments	/ 1 year	68.00
F700	Replacement of total contact insert for neuropathic foot client with 2nd or 3rd degree deformity - Reuse	Replacement TCI - Neuropathic feet/foot [2nd/3rd degree deformity]	1 per affected	body side / 1 year	137.00
F701	Modification of last to provide replacement total contact insert for neuropathic foot client with 2nd or 3rd degree deformity	Replacement TCI - Neuropathic feet/foot [2nd/3rd degree deformity]	1 per affected	body side / 1 year	68.00

### Partial Foot Replacements

Catalogue Number	Benefit Description	Benefit Group	Shared Quantity	Frequency Limit	Price Maximum
F476	Partial Foot replacement for off-the-shelf shoes - Submit prior approval request and pricing to Alberta Blue Cross.	Lower Limb Socket Procedure	1 per affected	body side / 2 year	Prior Approval