

2023 Alberta Blue Cross Dental Schedule[®] (ABCDS)

As dental costs in Alberta are expected to increase in the upcoming 2023 year, an increase has also been applied to the ABCDS fees for 2023. The ABCDS provides our members with a reasonable basis of payment for Alberta dental claims that helps keep dental plan rates affordable.

WHAT CAN YOU DO TO GET THE MOST OUT OF YOUR BENEFITS WHEN YOU VISIT YOUR DENTIST?

It's important to understand that dental providers can charge very different fees for dental services. It is important to be as informed as possible before getting dental work done.

Below are some things you can do to be the best dental consumer possible:

- Let your dental office know that your plan pays according to the "2023 Alberta Blue Cross Dental Schedule".
- Ask your dental office how their fees compare to the 2023 ABCDS. You can refer to the chart on page two that outlines the fees eligible for the most commonly claimed procedure codes.
- The easiest way to know if you will have to pay out of pocket for dental services is to have your dental provider submit a predetermination to Alberta Blue Cross[®] prior to your appointment. This allows you and your dental provider to check how much your plan pays for the dental procedures you need before getting the treatment. Most predeterminations are processed instantly.
- Shop around. Because dentists charge differing fees, this can save you significantly.
- If you have another plan or a spending account, don't forget to use those.

Click [here](#) to learn more about the dental landscape, receive suggestions on how to be a wise dental consumer and find useful resources on the ABCDS. To learn more about your benefits, visit the [Alberta Blue Cross member site](#) or download our app from the [App Store](#) or [Google Play](#).

For your reference, page two contains the 2023 ABCDS fees for the 30 most common dental procedures.

THE 2023 ALBERTA BLUE CROSS DENTAL SCHEDULE—COMMON PROCEDURES

Please consult your plan contract or benefit booklet for full information about any co-payment levels required by your plan.

Examples of 2023 ABCDS fees for some typical services	
	2023 ABCDS
Adult checkup (recall/cleaning)	\$323.68
Recall exam, two images (bitewing), two time units scaling, one time unit polishing, fluoride.	
Restoration ("filling")	\$280.12
Four surface amalgam (silver) filling—permanent molar, two pins for filling.	
Three-unit bridge	\$2,168.55*
Retainer (crown) for fixed bridge, pontic for fixed bridge (to replace missing tooth), retainer (crown) for fixed bridge.	
Crown	\$797.73*
Porcelain fused to metal crown.	

** plus lab fees*

WE'RE HERE TO HELP!

If you have any questions about your dental benefits, please call Alberta Blue Cross Customer Services at:

Edmonton and area: 780-498-8000

Calgary and area: 403-234-9666

Toll free: 1-800-661-6995

Service description	Maximum amount
Complete examination (new patient—all permanent teeth)	\$98.08
Recall examination (checkup)	\$62.09
One image (periapical)	\$28.79
Three images (periapical)	\$65.13
Two images (bitewing)	\$45.91
Four images (bitewing)	\$84.38
Panoramic image (whole mouth)	\$85.35
Polishing (up to 15 minutes)	\$57.84
Scaling (removal of tartar, up to 15 minutes)	\$64.91
Fluoride	\$28.02
Pit and fissure sealant (first tooth)	\$31.53
Pit and fissure sealant (each additional tooth, same area)	\$15.78
Two surface amalgam (silver) filling—primary tooth	\$124.47
Three surface amalgam (silver) filling—permanent anterior tooth/bicuspid	\$181.96
Two surface amalgam (silver) filling—permanent molar	\$136.03
Four surface amalgam (silver) filling—permanent molar	\$234.33
Two pins for filling	\$45.78
Three surface composite (white) filling—permanent anterior tooth	\$181.27
Two surface composite (white) filling—permanent bicuspid	\$192.70
One surface composite (white) filling—permanent molar	\$144.57
Porcelain fused to metal crown	\$797.73*
Lab processed porcelain veneer	\$797.73*
Root canal therapy (three roots)	\$1,089.78
Root planing (removal of tartar, etc. from roots; up to 30 minutes)	\$140.47
Complete upper denture	\$782.79*
Pontic for fixed bridge (to replace missing tooth)	\$424.17*
Retainer (crown) for fixed bridge	\$872.19*
Uncomplicated tooth removal (first tooth)	\$129.82
Uncomplicated tooth removal (each additional tooth in same area)	\$129.82
Tooth removal—complete bone coverage	\$462.91

** plus lab fees*



The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. *Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. BE22-011 2022/12 V7-F