

2023 Alberta Blue Cross® Usual and Customary (U&C) dental fees

The Alberta Blue Cross U&C dental fees are currently aligned with the Alberta Dental Association (ADA) provincial fee guide. The ADA has published their 2023 dental fee guide with a 6 per cent increase when compared to the 2022 dental fee guide.

WHAT CAN YOU DO TO GET THE MOST OUT OF YOUR BENEFITS WHEN YOU VISIT YOUR DENTIST?

The ADA publishes a provincial guide of standard fees for dental services in Alberta. However, this guide remains voluntary, so it is important to be as informed as possible before getting dental work done.

FIND A DENTIST

Our group plan members can make informed decisions by using the find a dentist tool to get the information they need. Find a dentist allows members to

- easily see whether a dentist's fees are below (\$), at (\$\$) or above (\$\$\$) the ADA fee guide;
- view the business contact information for each dentist;
- search for dentists by location or dentist's last name; and
- use a mobile device to get directions to a nearby dentist.

The find a dentist tool can be accessed on the Alberta Blue Cross member site and app.

In addition to using our find a dentist tool, there are some additional things you can do to be the best dental consumer possible.

- Tell your dentist that your plan pays according to the 2023 ADA fee guide.
- Ask your dentist if they charge according to the 2023 ADA dental fee guide. This will give you an idea of whether or not your dentist is charging according to your plan's basis of payment.

- If your dentist doesn't charge according to the fee guide, ask them how their fees compare to those in the ADA fee guide.
- The easiest way to know if you will have to pay out of pocket for dental services is to have your dental provider submit a predetermination to Alberta Blue Cross prior to receiving any dental service. This allows you and your dental provider to check how much your plan pays for dental procedures you need before getting the treatment. Most predeterminations are processed instantly.
- Shop around. Because dentists charge differing fees, this can save you significantly.
- If you have another plan or a spending account, don't forget to use those.

Click [here](#) to learn more about the dental landscape, receive suggestions on how to be a wise dental consumer and find useful resources on the U&C dental fees. To learn more about your benefits, visit the [Alberta Blue Cross member site](#) or download our app from the [App Store](#) or [Google Play](#).

For your reference, the back of this page contains the 2023 ADA fees for the 30 most common dental procedures.

THE 2023 ADA FEE GUIDE—COMMON PROCEDURES

Please consult your plan contract or benefit booklet for full information about any co-payment levels required by your plan.

Examples of the 2023 ADA fees for some typical services	
	2023 ADA
Adult checkup (recall/cleaning)	\$384.99
Recall exam, two images (bitewings), 2 time units scaling, one time unit polishing, fluoride.	
Restoration ("filling")	\$333.23
Four surface amalgam (silver) filling—permanent molar, two pins for filling.	
Three-unit bridge	\$2,579.53*
Retainer (crown) for fixed bridge, pontic for fixed bridge (to replace missing tooth), retainer (crown) for fixed bridge.	
Crown	\$984.91*
Porcelain fused to metal crown.	
	<i>* plus lab fees</i>

WE'RE HERE TO HELP!

If you have any questions about your dental benefits, please call Alberta Blue Cross Customer Services at:

Edmonton and area: 780-498-8000

Calgary and area: 403-234-9666

Toll free: 1-800-661-6995

Service description	Maximum amount
Complete examination (New patient—all permanent teeth)	\$116.66
Recall examination (checkup)	\$73.85
1 image (periapical)	\$34.26
3 images (periapical)	\$77.48
2 images (bitewing)	\$54.60
4 images (bitewing)	\$100.36
Panoramic image (whole mouth)	\$101.53
Polishing (up to 15 minutes)	\$68.79
Scaling (removal of tartar, up to 15 minutes)	\$77.21
Fluoride	\$33.33
Pit and fissure sealant (first tooth)	\$37.51
Pit and fissure sealant (each additional tooth, same area)	\$18.76
2 surface amalgam (silver) filling—primary tooth	\$148.07
3 surface amalgam (silver) filling—permanent anterior tooth/bicuspid	\$216.45
2 surface amalgam (silver) filling—permanent molar	\$161.81
4 surface (silver) filling- permanent molar	\$278.75
2 pins for filling	\$54.48
3 surface composite (white) filling—permanent anterior tooth	\$215.63
2 surface composite (white) filling—permanent bicuspid	\$229.20
1 surface composite (white) filling—permanent molar	\$171.98
Porcelain fused to metal crown	\$948.91*
Lab processed veneer	\$948.91*
Root canal therapy (three roots)	\$1,296.32
Root planing (removal of tartar, etc. from roots; up to 30 mins)	\$167.10
Complete upper denture	\$931.16*
Pontic for fixed bridge (to replace missing tooth)	\$504.55*
Retainer (crown) for fixed bridge	\$1,037.49*
Uncomplicated tooth removal (1st tooth)	\$154.42
Uncomplicate tooth removal (additional tooth in same area)	\$154.42
Tooth removal—complete bone coverage	\$550.64

** plus lab fees*



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