

2026 Alberta Blue Cross[®] Dental Schedule[®] (ABCDS)

As dental costs in Alberta are expected to increase in the upcoming 2026 year, an increase has also been applied to the ABCDS fees for 2026. The ABCDS provides our members with a reasonable basis of payment for Alberta dental claims that helps keep dental plan rates affordable.

WHAT CAN YOU DO TO GET THE MOST OUT OF YOUR BENEFITS WHEN YOU VISIT YOUR DENTIST?

Dental providers can charge very different fees for dental services, so it's important to be as informed as possible before getting dental work done.

Below are some things you can do to be the best dental consumer possible:

- Let your dental office know your plan pays according to the 2026 Alberta Blue Cross[®] Dental Schedule.
- Ask your dental office how their fees compare to the 2026 ABCDS. You can refer to the chart on the next page that outlines the fees eligible for the most commonly claimed procedure codes.
- The easiest way to know if you will have to pay out of pocket for dental services is to have your dental provider submit a predetermination to Alberta Blue Cross[®] prior to your appointment. This allows you and your dental provider to check how much your plan pays for the dental procedures you need before getting the treatment. Most predeterminations are processed instantly.
- Shop around. Because dentists charge differing fees, this can save you significantly.
- If you have another plan or a spending account, don't forget to use them.

Visit our website to learn more about the dental landscape, receive suggestions on how to be a wise dental consumer and find useful resources on the ABCDS. To learn more about your benefits, visit the Alberta Blue Cross[®] [member site](#) or download our app from the App Store or Google Play.

For your reference, the next page contains the 2026 ABCDS fees for many commonly claimed dental procedures.

THE 2026 ALBERTA BLUE CROSS® DENTAL SCHEDULE—COMMON PROCEDURES

Please consult your plan contract or benefit booklet for all the details about any co-payment levels required by your plan.

Examples of 2026 ABCDS fees for some typical services

2026 ABCDS

Adult checkup \$356.75
(recall/cleaning)

Recall exam, 2 images (bitewing),
2 time units scaling, 1 time unit
polishing, fluoride.

3-unit bridge \$2,414.11*

2 retainers (crowns) for fixed bridges,
1 pontic for fixed bridge (to replace
missing tooth).

Crown \$888.07*

Porcelain, ceramic or polymer glass fused
to metal base.

* plus lab fees

WE'RE HERE TO HELP!

If you have any questions about your
dental benefits, please call Alberta Blue
Cross® Customer Services at:

Edmonton and area: 780-498-8000

Calgary and area: 403-234-9666

Toll free: 1-800-661-6995

Service description	Maximum amount
Complete examination (new patient—all permanent teeth)	\$119.11
Recall examination	\$67.11
Emergency examination	\$67.11
1 image (periapical)	\$31.13
2 images (bitewing)	\$49.60
4 images (bitewing)	\$91.16
Panoramic image (whole mouth)	\$92.24
Polishing (up to 7.5 minutes)	\$32.17
Polishing (up to 15 minutes)	\$64.38
Half unit scaling (up to 7.5 minutes)	\$36.10
1 unit scaling (removal of tartar, up to 15 minutes)	\$72.24
2 units scaling (removal of tartar, up to 30 minutes)	\$144.49
3 units scaling (removal of tartar, up to 45 minutes)	\$216.73
Fluoride treatment (gel or foam)	\$31.17
Pit and fissure sealant (first tooth)	\$35.11
2 surface amalgam (silver) filling—primary tooth	\$145.98
2 surface bonded amalgam filling—permanent molar	\$206.59
2 surface tooth coloured filling—permanent anterior tooth	\$172.43
3 surface tooth coloured filling—permanent anterior tooth	\$225.55
2 surface tooth coloured filling—permanent bicuspid	\$210.35
1 surface tooth coloured filling—permanent molar	\$174.54
Crown (porcelain, ceramic or polymer glass fused to metal base)	\$888.07*
Root canal therapy (3 roots)	\$1,121.65
1 unit root planing (removal of tartar, etc. from roots; up to 15 minutes)	\$78.20
2 units root planing (removal of tartar, etc. from roots; up to 30 minutes)	\$156.37
Complete upper denture	\$871.43*
Pontic for fixed bridge (to replace missing tooth)	\$472.21*
Retainer (crown) for fixed bridge	\$970.95*
Uncomplicated tooth removal (first tooth)	\$144.53*

* plus lab fees



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